WHAT IS CLAIMED IS:

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2 1. A method for finishing a metal article, comprising the steps of:

material that includes a plastic.

- a) placing said article in a vibratory finishing bowl and/or the like, in combination with:
 - i. a chemical solution capable of reacting with the surface of said metal article to convert it to a softer form, and
 - ii. a non-abrasive media

 agitating said article, media, and solution in said finishing bowl for a time
 sufficient to impart on said article a surface that is superfinished, isotropic,
- and of specular brightness

 The method of claim 1, wherein said non-abrasive media are made from a
- The method of claim 1, wherein said non-abrasive media are made from a material that includes alumina bonded with an unsaturated polyester resin.
- The method of claims 1, wherein said non-abrasive media are made from a material that includes a metal.
- The method of claim 1, wherein said non-abrasive media are made from a material that includes stainless steel.
- The method of claim 1, wherein said non-abrasive media are made from a material that includes 302 grade stainless steel.
 - 7. The method of claim 1, wherein the surface finish is superior to that produced by non-abrasive ceramic media or other abrasive media.
 - 8. An article that is finished using the process of any of claims 1-6.

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